

Volunteer Opportunities

Volunteers are needed to assist with community outreach. These opportunities entail talking with neighborhood groups, churches, community groups and attending community events to spread the word about Constance Morris House.

For more information on volunteer opportunities, please call Colleen Mallon at 708.995.3512 or email cmallon@pillarscommunity.org.

Domestic Violence Awareness Month

October is National Domestic Violence Awareness Month. Show your support by wearing a purple ribbon.



The purple ribbon conveys a powerful message that there is no place for domestic violence in homes, neighborhoods, workplaces or schools.

Contact Us

24-hour Crisis Line: 708.485.5254
Administrative Line: 708.995.3680
Fax: 708.485.0160

Website: www.pillarscommunity.org
Email: info@pillarscommunity.org

Pillars
333 North LaGrange Road, Suite One
LaGrange Park, IL 60526

Constance Morris House



Full Service Domestic Violence Shelter and Program

A Program Of



making connections...
changing lives

Pillars

About Constance Morris House

Constance Morris House (CMH) is a domestic violence shelter and program for women and children fleeing abusive relationships. CMH offers a safe haven, advocacy and counseling for women and children, providing physical and psychological safety regardless of sexual orientation, race, religion or disability.

Constance Morris House has 18 beds available for female survivors of domestic violence and their children. Non-residential services including counseling, legal advocacy, and crisis support are also available.



- Constance Morris House has served women and children in our community for more than 30 years.
- Last year, nearly 1,000 women and children benefited from our domestic violence services.

Our Services

All services are available to both residential and non-residential women at no cost.

- **Shelter Services**
(age limitation for boys is 11 years old)
 - Individual and group counseling, with special services for children
 - Therapy services
 - ARISE program for women dealing with both domestic violence and substance abuse
 - Linkage to ongoing support services such as emergency financial assistance and housing
- **Non-Residential Counseling**
Individual and group counseling and domestic violence education provided by licensed therapists or social workers.
- **24-hour Crisis Hotline**
Trained counselors and staff helping callers access emergency services.
- **Legal Advocacy**
Advocacy at Bridgeview and Maybrook Courthouses and assistance with Orders of Protection.
- **Outreach and Education**
Presentations, professional trainings and community events. Special programs on Healthy Teen Relationships and Domestic Violence in the Workplace.

How to Get Help

24 Hour Crisis Line
708.485.5254

What is Domestic Violence?

Domestic Violence is a pattern of coercive behavior that one person exercises over another to gain power and control.

This behavior may include physical violence, sexual abuse, emotional and psychological intimidation, verbal abuse and threats, stalking, isolation from friends and family, economic control, and destruction of personal property.

Domestic violence occurs between all racial, economic, educational and religious backgrounds. It occurs in heterosexual and same-sex relationships, between married and unmarried partners, between current and former partners and between other family and household members. Domestic Violence affects people of all ages, income levels, faiths, and education levels.

Does Someone You Love...

- Embarrass you with bad names and put downs
- Act in ways that scares you
- Demand to know who you talk to or where you go
- Stop you from talking to friends and family
- Punch walls or destroy your property
- Threaten to hurt you
- Put his hands on you in anger (slapping, grabbing, pushing)

Pillars aspires to build healthier communities by making connections and changing lives.